Cayenne Pulse

Issue #2 · Nov 10, 2026



Our pepper's on hacker patrol, so you can stay chill.

Should you worry? 1 Good to know · 2 Keep an eye on it · 3 Check your settings · 4 Act this week · 5 Act today



One of our clients sent me this last week, and it's too clever not to share. If your inbox floods and then "IT" calls, hang up.

Shaya Katz, Cayenne Corp

THIS WEEK

Inbox flooded? Then "IT" calls. Hang up.

Heat 4 of 5 · Act this week

If your inbox suddenly floods with thousands of real newsletter sign-ups, and then "Help Desk" calls you on Microsoft Teams offering to fix it, hang up. Call your IT provider at the number you already have. The click they want, screen sharing, Quick Assist, or Allow, is how ransomware gangs like Black Basta get in.

Takeaway: Inbox flood plus a surprise "IT" call means hang up. Call your IT provider at the number you already have.

Source: Microsoft Threat Intelligence

WHY IT WORKS

The call felt normal because her company used outside IT

Heat 3 of 5 · Check your settings

In the Sophos case, the employee's company really did use an outside IT provider, so a "Help Desk Manager" call on Teams didn't seem strange. She accepted it.

Takeaway: Ask us to limit external Teams chat to trusted companies only.

Source: Sophos MDR

Scam of the week

"Help Desk Manager" on Microsoft Teams offering to stop your spam flood. Never give screen control to a caller you didn't contact.

Source: Sophos MDR

Quick win

The flood can bury real sign-in alerts. Never approve an MFA prompt or password reset you didn't start.

Source: Microsoft Threat Intelligence